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New Literacy Resources for Loan From the Provincial Literacy Resource Centre

April 2010

Anyone in BC can request items via the catalogue, by email, fax or by telephone. Resources will be mailed out for a five week loan period. There are no postage costs for books. You must pay return postage for audio-visuals.

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Topics

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Disabilities & Special Needs | Self Esteem | Technology & Literacy |
Workplace Literacy & Essential Skills

Adult Learning

The adult reading toolkit: a research-based resource for adult literacy. By the Learning Disabilities Association of Minnesota. Minneapolis, MN: LDA of Minnesota, 2003.

The ART includes six chapters covering phonemic awareness, beginning phonics skills, intermediate decoding, fluency, vocabulary and comprehension. Each chapter includes background information, assessment ideas, instruction activities, use of authentic materials, recommended curricula and software and references. Appendices include tools for assessments, instructional activities, and lesson plan organizers.

□ **Help for the struggling student.** By Mimi Gold. San Francisco, CA: Jossey-Bass, 2003.

Strategies to enhance attention, memory and organization in school age students. May be adapted for use with adults. Includes pictures and worksheets that may be photocopied.

□ **How to give it so they get it: a flight plan for teaching anyone anything and making it stick.** By Sharon Bowman. Glenbrook, Nev.: Bowperson, 2005.

Written in a reader friendly style, this book is filled with ideas for hands-on adult teaching and/or training strategies.

□ **The neuroscience of adult learning. No. 110.** Edited by Sandra Johnson and Kathleen Taylor. San Francisco: Jossey-Bass, Summer 2006.

This collection of articles looks at recent research in neuroscience and implications for teaching adults.

□ **Study skills for dyslexic students.** [Book + CD]. Edited by Sandra Hargreaves. Los Angeles: Sage, 2007.

A collection of study techniques that is designed for dyslexic students in postsecondary education. A variety of strategies is offered for each learning situation.

□ **Third update on adult learning theory. No. 119.** Edited by Sharan B. Merriam. San Francisco: Jossey-Bass, Fall 2008.

This volume contains articles on more recent areas of interest in adult learning theory. The focus is on holistic learning that is more than cognitive processing. The list of contents indicates the variety of topics covered. Implications for practice are included.

□ **Training the active training way: 8 strategies to spark learning and change.** By Mel Silberman. San Francisco, CA: Pfeiffer, 2006.

Eight strategies that can spark active learning in training sessions are offered along with practical tips for implementing the strategies.

Advocacy

□ **Advocacy research in literacy education: seeking higher ground.** By Meredith Rogers Cherland and Helen Harper. Mahwah, NJ: Lawrence Erlbaum Associates, 2007.

This book reviews advocacy research in literacy education. It addresses issues such as social justice, equity, democracy and the possibilities for social transformation. The author believes that it is time for advocacy workers to promote the best literacy instruction that facilitates democratic life.

□ **Listen up! Speak up!: the third book of speaking up: a plain text guide to advocacy.** By John Tufail and Kate Lyon. London: Jessica Kingsley, 2007.

This book explores how to be a good advocate, shows how to listen to and work with an advocacy partner, and explains how to prepare for, and behave in, a meeting.

Brain Science & Learning

□ **Learning with the brain in mind.** By Frank McNeil. Thousand Oaks, CA: Sage, 2009.

This book explores recent findings in neuroscience and combines them with learning in three crucial and interconnected ways: attention, emotions and memory.

□ **My stroke of insight: a brain scientist's personal journey.** By Jill Bolte Taylor. Toronto, ON: Plume, 2006.

On the morning of December 10, 1996, Taylor, a brain scientist, experienced a massive stroke. She observed her own mind completely deteriorate. Now she shares her unique perspective on the brain and its capacity for recovery.

□ **The neuroscience of adult learning. No. 110.** Edited by Sandra Johnson and Kathleen Taylor. San Francisco: Jossey-Bass, Summer 2006.

See complete description under Adult Learning.

□ **Your brain after chemo: a practical guide to lifting the fog and getting back your focus.** By Dan Silverman & Idelle Davidson. Cambridge, MA: Da Capo Lifelong, 2009.

After chemotherapy, people may experience problems with memory, concentration, multitasking, and word retrieval. This book offers strategies to improve memory and focus, and a nine-step program to help keep your brain sharp.

ESL Literacy

□ **Taking action: a resource guide for instructors serving ESL adults with learning difficulties or learning disabilities.** By the Learning Disabilities Association of Minnesota. Minneapolis, MN: LDA of Minnesota, 2003.

This resource guide covers ESL trends, learning disability definitions and applications, language acquisition, factors that impact learning, best practice strategies for ESL learners, and the influence of pre-literacy. It also includes a screening tool for ESL adults, a reading assessment for preliterate adults, and a model for LD assessment of ESL learners.

Financial Literacy

□ **ADD and your money: a guide to personal finance for adults with attention deficit disorder.** By Stephanie Sarkis & Karl Klein. Oakland, CA: New Harbinger Publications, 2009.

This book offers practical financial management advice for adults with ADD who find impulsivity and distraction make it difficult to manage money.

Instructional Materials & Learning Resources

□ **The active reader: book 4.** By Linda Kita-Bradley. Edmonton, AB: Grass Roots Press, 2010.

This workbook aims to engage learners in the process of active reading by (1) providing stimulating reading passages, thought-provoking discussion questions and practical literary activities, and (2) helping learners develop the skills and strategies to become independent readers. Each unit covers: Pre-reading, main reading passage, post-reading, vocabulary, dictionary use, mini lesson, literacy practice and word attack.

□ **Classroom Strategies for Interactive Learning. 3rd ed.** By Doug Buehl. Newark, Delaware: International Reading Association, c2009.

This third edition of Buehl's work features teaching strategies that are adaptable for students of all ages and are appropriate for helping students learn in all curricular areas. The aim is to streamline strategy discussion so that teachers can discern and implement the best ideas for their classes.

□ **Death on the river.** By John Wilson. Victoria, BC: Orca Books, 2009.

A young soldier survives a Confederate prison camp during the American civil war. Grade 5 reading level.

□ **Juggling fire.** By Joanne Bell. Victoria, BC: Orca Books, 2009.

Sixteen-year old Rachel embarks on a solo quest to find her father, who disappeared years ago in the Yukon wilderness. Grade 4 reading level.

□ **The middle of everywhere.** By Monique Polak. Victoria, BC: Orca Books, 2009.

Noah spends a school term in George River, in Quebec's Far North, trying to understand the Inuit culture, which he finds both threatening and puzzling. Grade 4 reading level.

□ **A sound approach to spelling.** By Christine Pinsent-Johnson. Edmonton, AB: Grass Roots Press, 2010.

This workbook is intended for students who have difficulty spelling vowel patterns even though they can spell consonant sounds and blends. It contains 15 units, each using four strategies to teach one vowel sound. Black line masters that can be photocopied are included.

□ **Vocabulary boosters: workbook 3.** By Susan Rogers. Edmonton, AB: Grass Roots Press, 2010.

This workbook aims to help adult learners develop their vocabulary through reading passages written at an appropriate level, then doing practice exercises. The workbook is organized around four themes: health, wildlife, the environment, and popular culture. The workbook can be completed independently, with a tutor, or with a group. This is the third workbook in the series.

Learning Disabilities & Special Needs

10 simple solutions to adult ADD: how to overcome chronic distraction and accomplish your goals. By Stephanie Sarkis. Oakland, CA: New Harbinger Publications, 2005.

Straightforward tools for coping with the everyday challenges of adult ADD.

100 questions & answers about adult attention-deficit/hyperactivity disorder (ADHD). By Ava T. Albrecht. Sudbury, Mass.: Jones & Bartlett, 2010.

Written for adults suffering from ADHD, their families and friends, this book provides practical answers to commonly asked questions about symptom recognition, diagnosis, and treatment of ADHD in adults.

The 6 success factors for children with learning disabilities: ready-to-use activities to help kids with learning disabilities succeed in school and in life. From the Frostig Center. Thousand Oaks, CA: SAGE, 2000.

This book offers activities that foster the six attributes that lead to long-term success for individuals with learning disabilities: self-awareness, proactivity, perseverance, goal setting, use of social support systems, and emotional coping strategies. The activities are easily adapted for use with adults.

ADD and your money: a guide to personal finance for adults with attention deficit disorder. By Stephanie Sarkis & Karl Klein. Oakland, CA: New Harbinger Publications, 2009.

See complete description under Financial Literacy

□ **ADD-friendly ways to organize your life.** By Judith Kolbert & Kathleen Nadeau. New York: Routledge, 2002.

Offers ADD-friendly solutions for organizing things, time and paper.

□ **Answers to distraction.** Rev. ed. By Edward M. Hallowell & John J. Ratey. New York: Anchor Books, 2010.

In question and answer format, this reference book provides comprehensive coverage of attention deficit disorder including symptoms, diagnosis, treatment options, and practical day-to-day advice.

□ **Attention deficit disorder: the unfocused mind in children and adults.** By Thomas E. Brown. New Haven: Yale University Press, 2005.

A leading expert in assessment and treatment of Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder dispels myths and offers information on ADD from childhood through adulthood.

□ **The disorganized mind: coaching your ADHD brain to take control of your time, tasks, and talents.** By Nancy A. Ratey. New York: St. Martin's Griffin, 2009.

Written by an ADHD coach and expert who has ADHD herself, this book shows how to manage the traits such as inattention, time mismanagement, procrastination, impulsivity, and distractibility. It also offers strategies for living a balanced life and includes a section for people who live or work with someone with ADHD.

□ **The gift of adult ADD: how to transform your challenges and build on your strengths.** By Lara Honos-Webb. Oakland, CA: New Harbinger Publications, 2008.

This book, written for adults with ADD, looks at how to change traits of ADD into strengths to improve relationships, job performance, parenting skills, and quality of life.

□ **Help for the struggling student.** By Mimi Gold. San Francisco, CA: Jossey-Bass, 2003.

See complete description under Adult Learning.

□ In the mind's eye: creative visual thinkers, gifted dyslexics, and the rise of visual technologies. By Thomas G. West. Amherst, NJ: Prometheus Books, 2009.

This book presents visual thinking and visual technology as important tools to increase the creative potential of individuals with dyslexia and other learning disabilities. The author sees creative visual thinkers who often have learning difficulties as leaders in innovation. Portraits of highly creative famous people with learning difficulties (including Einstein and Edison) are included.

□ Learning with the brain in mind. By Frank McNeil. Thousand Oaks, CA: Sage, 2009.

See complete description under Brain Science & Learning.

□ Mental sharpening stones: manage the cognitive challenges of Multiple Sclerosis. Edited by Jeffrey N. Gingold. New York: DemosHEALTH, 2009.

This book offers a number of strategies that have proven successful for meeting cognitive challenges in people with MS.

□ My stroke of insight: a brain scientist's personal journey. By Jill Bolte Taylor. Toronto, ON: Plume, 2006.
See complete description under Brain Science and Learning.

□ On their own: creating an independent future for your adult child with learning disabilities and ADHD: a family guide. By Anne Ford. New York: Newmarket Press, 2007.

This is a guide for families preparing adult children with learning disabilities for the future.

□ Overcoming dyslexia: a new and complete science-based program for reading problems at any level. By Sally Shaywitz. New York: A.A. Knopf, 2003.

After reviewing the nature of reading and dyslexia, this book looks at diagnosing dyslexia, including a section on diagnosing bright young adults. It then discusses what can be done to help develop reading skill. While this is largely focused on children, there is a section on helping adults become

better readers. A chapter on accommodations is followed by short biographies of successful, well known adults who are dyslexic.

Study skills for dyslexic students. [Book + CD]. Edited by Sandra Hargreaves. Los Angeles: Sage, 2007.

See complete description under Adult Learning.

Taking action: a resource guide for instructors serving ESL adults with learning difficulties or learning disabilities. By the Learning Disabilities Association of Minnesota. Minneapolis, MN: LDA of Minnesota, 2003.

See complete description under ESL Literacy.

What does everybody know that I don't?: social skills help for adults with attention deficit/hyperactivity disorder (AD/HD). By Michele Novotni. Plantation Fla: Specialty Press, 1999.

Practical advice on social skills for people with attention-deficit/hyperactivity disorder. Includes tips, exercises and true stories.

When too much isn't enough: ending the destructive cycle of AD/HD and addictive behavior. By Wendy Richardson. Colorado Spring, CO: Pinon Press, 2005.

"The purpose of this book is to help you understand how and why people with AD/HD overindulge and become addicted, and how to get out of the vicious cycle of self-medicating your symptoms with drugs, food, alcohol, and compulsive behaviors."

Women with attention deficit disorder: embrace your differences and transform your life. 10th anniversary edition. By Sari Solden. Nevada City, CA: Underwood Books, 2005.

This book explores how women with attention deficit disorder have challenges meeting cultural expectations, and offers strategies to help women deal with ADD.

Your brain after chemo: a practical guide to lifting the fog and getting back your focus. By Dan Silverman & Idelle Davidson. Cambridge, MA: Da Capo Lifelong, 2009.

See complete description under Brain Science

Self Esteem

☐ **Building self-esteem with adult learners.** By Denis Lawrence. Thousand Oaks, CA: SAGE, 2000.

This book shows tutors how to enhance self-esteem in their adult learners, particularly those doing literacy skills training. A structured program to raise students' self-esteem is included.

Technology & Literacy

☐ **In the mind's eye: creative visual thinkers, gifted dyslexics, and the rise of visual technologies.** By Thomas G. West. Amherst, NJ: Prometheus Books, 2009.

See complete description under Learning Disabilities & Special Needs.

Workplace Literacy & Essential Skills

☐ **Employability skills curriculum. 3rd ed.** Written by Jo Acampora. Victoria, BC: ASPECT, [2007].

This curriculum is designed to help BC's community-based trainers introduce adults to the cycle of recognizing employability skills, self-assessing, planning skills development activities, developing skills and giving/getting feedback. It provides basic, universal employment and personal management skills on different subjects which include the following: Self Awareness, Self Esteem, Communication, Goal Setting, Problem-Solving, Conflict Resolution, Feedback and Criticism, Time Management, Learning Styles and Assertiveness.